5As Progression

ASK - What is your current tobacco use?

Patient is willing to talk about tobacco use

Proceed through Following Steps

Patient is not willing to talk about tobacco use

 Provide Motivational Interviewing to Proceed to Advise and Assess

ADVISE

Pharmacist: "As I'm sure you've heard a million times, tobacco can be harmful to your health. Can I share some resources with you?"

ASSESS

Pharmacist: "What are your thoughts about quitting?"

Patient Response:

- •Precontemplation: "NO WAY! Not doing it."
- •Contemplation: "I've considered it."
- Preparation: "I have been thinking about that for awhile."
- •Ready: "I think I am ready to quit."
- •Maintenance: "I quit a few years ago."

ASSIST

Proceed to resources depending on patient's response.

ARRANGE

Schedule follow up appointment or call with patient.